



### Resource Parents

The Therapeutic Foster Care Program provides intensive pre-service and ongoing training for Resource Parents. Resource Parents and Family Specialists meet twice monthly to review progress, service planning, safety of the home, and treatment issues. A 24-hour emergency on-call system also provides assistance as needed. To learn more about becoming a Resource parent, please contact us.

### Referrals

Referrals to the Pathways, Inc. Therapeutic Foster Care Program are made by local departments of social services.

Our mission is to provide quality care, treatment, and services to youth with serious emotional disturbances and developmental disabilities, and their families. We believe that a stable, consistent environment can provide the right foundation as a youth progresses through the rehabilitative process. We believe a stable, consistent environment provides the right foundation as youth progress through the rehabilitative process.



## Therapeutic Foster Care Program

### Contact Southern Tier / Finger Lakes Office

**Recruitment/Training Specialist  
Pathways, Inc.**

#### Therapeutic Foster Care Program

33 Denison Parkway West  
Corning, NY 14830  
Tel: (607) 937-4518  
Fax: (607) 937-3206

Email: [info@pathwaysforyou.org](mailto:info@pathwaysforyou.org)

### Contact Greater Rochester Office

**Recruitment/Training Specialist  
Therapeutic Foster Care Program**

140 Metro Park, Suite 2  
Rochester, NY 14623  
Tel: (585) 434-3166  
Fax: (585) 434-3167

Email: [info@pathwaysforyou.org](mailto:info@pathwaysforyou.org)



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Telephone: (607) 937-3200  
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Website: [www.pathwaysforyou.org](http://www.pathwaysforyou.org)

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## Therapeutic Foster Care Program



*“Pathways provides children, adults, and families with specialized programs and services in developmental disabilities, mental health, family support, traumatic brain injury, nursing home alternatives, home care, and child care. We hold ourselves accountable for meeting the expressed needs of those we support and for offering them meaningful opportunities to develop their own capabilities.”*



## Therapeutic Foster Care Program

The Pathways, Inc. Therapeutic Foster Care Program, approved by the New York State Office of Children and Family Services, is committed to effectively recruiting, training, and supporting our Resource Parents enabling them to provide intense support and care to youth participating in the program. We are committed to the provision of guidance and training in structured daily living and socialization/recreational activities to foster the youths' acquisition of skills necessary to perform activities of daily living skills and the development of age-appropriate social and interpersonal skills.

Behavior management training and counseling services assist the youth in developing problem solving and coping skills while supporting the reinforcement and generalization of newly-learned positive behaviors in school, home, and other community settings. We are committed to the flexibility and creativity necessary to meet each youth's unique needs and collaborate with community-based services to individually tailor our treatment approaches. Family members and permanency resources are embraced as an integral part of the service planning and encouraged to participate in their child's treatment and care. We are committed to offering families education, information, emotional support, skill development, and linkage to family support programs and services. We believe in supporting each family in their efforts to enhance the relationship with their child and/or resume primary care for their child.

### The Service Planning Team

The Pathways, Inc. Therapeutic Foster Care Program promotes a team approach to foster care. The Service Planning Team is comprised of everyone involved in the care and treatment of the youth (i.e. families; local Departments of Social Services; physicians, counselors, and school personnel; permanency resources, etc.) and works together to achieve the permanency planning goal of strengthening the family unit and reuniting the youth and family whenever possible, or assisting the youth in the adoption process, and/or connecting youth to permanency resources and alternative planned living arrangements.

### Population and Geographic Areas Served

The target population served by the Pathways, Inc. Therapeutic Foster Care Program is children and youth ranging from birth through 21 years of age who have serious emotional difficulties, behavioral difficulties, and/or developmental disabilities.

In order to participate in the program the youth must:

- Be under the age of 21
- Meet the criteria for special or exceptional level of foster care
- Be a sibling of a youth in care that qualifies for special or exceptional foster care services
- Have a measured IQ above 50
- Demonstrate ability and willingness to participate in school or other day programming (except for non-school age youth)
- Have the potential of functioning in the community, not needing the restrictiveness of a campus or facility-type environment
- Require individualized, intensive treatment and rehabilitation services and usually exhibit a range of mental health and developmental diagnoses and characteristics (except for non-TFC level sibling)

The Pathways, Inc. Therapeutic Foster Care Program serves youth and their families in the Finger Lakes, Southern Tier and Western NY regions.

These youth require multi-agency intervention and involvement including individualized, intensive treatment and rehabilitative services.

### Support Services

Professional support, supervision, training and services are provided by a Family Specialist who is trained and experienced in working with seriously emotionally disturbed and developmentally disabled children, adolescents, and families. A Family Counselor who is trained in providing family counseling meets with families regularly to assist the family in meeting the youth's permanency planning goal.

Services include:

- Case management
- Service planning
- Individualized counseling
- Independent living skills training
- Therapeutic activity
- Supportive counseling and casework services for the family
- Support, supervision, and training for Resource Parents
- After-care services

