



## Your Home vs. a Nursing Home

Are you or someone you care about diagnosed with a disability and in need of support in your home?

Are you or someone you care about diagnosed with a disability that requires you to live in a nursing home?

If you answer “yes” to either of these questions, Pathways, Inc. can help you or a loved one secure the supports and services necessary for you to leave or avoid nursing home placement and live productively in your home community.

Please contact our *Intake Coordinator* for an eligibility assessment or for more information at (607) 937-3296.

Department of Health

## Nursing Home Transition and Diversion Waiver Service Coordination

### Contact

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## Nursing Home Transition and Diversion Waiver Service Coordination

*“Pathways provides children, adults, and families with specialized programs and services in developmental disabilities, mental health, family support, traumatic brain injury, nursing home alternatives, home care, and child care. We hold ourselves accountable for meeting the expressed needs of those we support and for offering them meaningful opportunities to develop their own capabilities.”*



## Nursing Home Transition and Diversion (NHTD) Waiver

Pathways, Inc. has been supporting individuals with a variety of disabilities and needs since 1976. The Nursing Home Transition and Diversion (NHTD) Waiver helps individuals transition out of a nursing home setting and return to their home and helps prevent placement into a nursing home.

The purpose of the NHTD Waiver is to assure health and safety and allows you to receive support and services in your own home and the community instead of a nursing home. Supports are paid for through Medicaid or may be privately paid.

## Service Coordination

The Service Coordinator's primary role is to assist you in exploring and securing supports and services that best meet your needs and desires while allowing you to live as independently and productively as possible. The Service Coordinator works in partnership with you and acts as an "advocate" and a "service broker." This may include helping you find an accessible place to live, linkage to a variety of rehabilitative supports, Adult Day Program, counseling, nutritional and educational services, respite, or home delivered meals. Additionally, Service Coordinators coordinate assessments, make referrals, provide information regarding benefits and entitlements, monitor, and maintain most services/supports as they apply to you.

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Service Coordinators are professionally trained to have a clear understanding of all of the services and will help introduce you to agencies that provide those services.

Pathways, Inc. Service Coordination Department currently supports individuals in Broome, Chemung, Schuyler, Steuben, Tioga, and Tompkins Counties.

The Service Coordinator:

- Uses a "person-centered approach" that includes your family in the planning process to ensure that your needs and desires are met
  - Assists with securing assessments as needed
  - Promotes choice
  - Provides linkage to providers, medical or otherwise
  - Assists with obtaining transportation
  - Ensures satisfaction with services
  - Assists in resolving problems with service providers
  - Assists with changing service providers if necessary
  - Assists in obtaining and maintaining benefits/entitlements
  - Meets with you in your home
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## Questions to ask a Prospective Service Coordinator

- What are your qualifications?
  - Have you received any professional training in Service Coordination? If so, please describe.
  - What will you do for me as a Service Coordinator?
  - What is a service plan (SP)?
  - How can I be certain that the services I require will be provided?
  - How much involvement will I have in making decisions?
  - How will you communicate with me and how often?
  - If I have a legal guardian, will my opinion count if my guardian and I disagree about how a situation should be handled?
  - How will you include me in the planning and implementation of my service plan?
  - Who is your supervisor? What is his/her experience?
  - How familiar are you with community resources? Can you name some local supports you might refer to?
  - How often will you visit me in my home?
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