



## Structured Day Program (SDP)

Structured Day Program (SDP) services are provided in an outpatient congregate setting or in the community and are individually designed to improve or maintain the waiver participant's skills and ability to live as independently as possible. Services may include assessment, training, and supervision to assist an individual with self-care needs, task completion, problem solving skills, communication and interpersonal skills, socialization, sensory/motor skills, mobility, community transportation skills, behavioral approaches, skills to maintain a household, and money management skills. Community inclusion and enhancing socialization skills is a primary focus of SDP. Individuals may pursue recreational interests as part of the integration into their local communities and build on various skills necessary to be a productive member of one's community. The program operates Monday through Friday during normal business hours, but community inclusion activities are offered throughout the month at varying times.

## Traumatic Brain Injury Waiver

## Nursing Home Transition and Diversion Waiver

## Home Care Support Services

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## Traumatic Brain Injury Waiver

## Nursing Home Transition and Diversion Waiver

## Home Care Support Services

*"Pathways provides children, adults, and families with specialized programs and services in developmental disabilities, mental health, family support, traumatic brain injury, nursing home alternatives, home care, and child care. We hold ourselves accountable for meeting the expressed needs of those we support and for offering them meaningful opportunities to develop their own capabilities."*



## Traumatic Brain Injury (TBI) Waiver Support Services

Pathways, Inc. provides supports and services to people diagnosed with Traumatic Brain Injury (TBI) and who are at least 18 years old. A TBI may result from a fall, stroke, vehicle accident, anoxia, toxic poisoning, or neurological conditions. Services are provided to individuals residing in Chemung, Schuyler, Steuben, Tioga, and Tompkins Counties.

## Nursing Home Transition and Diversion (NHTD) Waiver Support Services

Pathways, Inc. provides supports and services to people who would typically require placement in a nursing home facility to maintain their health and safety. To receive services, individuals must reside in Chemung, Schuyler, Steuben, or Tompkins County **and** be age 65 or older **or** be between the age of 18 and 64 with a diagnosed disability including but not limited to Alzheimer's, dementia, MS, spinal cord injury.

## Home Care Support Services

Home and Community Support Services (HCSS) for the above Waiver Services are provided through Pathways, Inc. Licensed Home Care Service Agency (LHCSA). A Registered Nurse provides oversight to all orders from the participant's medical practitioner. Services may include oversight, supervision, personal care services, mobility, meal preparation, and/or light housekeeping tasks.

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The following services are offered by Pathways, Inc. through both the TBI Waiver and the NHTD Waiver.

- Home and Community Support Services
- Independent Living Skills Training and Development Assessment
- Respite Care
- Structured Day Program

## Home and Community Support Services (HCSS)

Home and Community Support Services (HCSS) are individually designed support services that provide oversight and supervision for the consumer's health and welfare. Individuals may be cued, prompted, or given direction through their daily routine and tasks. HCSS can also assist consumers with personal care, mobility, meal preparation, and light housekeeping when providing the essential service of oversight and supervision.

## Independent Living Skills Training and Development (ILSTD) Assessment

Independent Living Skills Training and Development (ILSTD) Assessment provides assessment of an individual with self-care, medication management, task completion, communication skills, interpersonal skills, socialization, sensory/motor skills, mobility, community transportation skills, behavioral approaches, problem solving skills, money management, pre-vocational skills and skills to maintain a household. The focus of the ILSTD Assessment is to identify daily routines, systems, and adaptive equipment to allow consumers to function in their homes as independently as possible. The ILSTD staff may provide training to HCSS staff and natural supports to ensure consistent strategies for the participant to succeed.

## Respite

Respite Service is an individually designed service intended to provide relief to natural (informal), non-paid supports, who provide primary care and support to a waiver participant in need of oversight and supervision. Respite Services are provided in a 24-hour block of time typically in the waiver participant's home.

