



# Pathways, Inc.

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Children and Family Treatment and Support Services  
(CFTSS) Referral v1.25

Youth First/Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Preferred Gender/Pronouns: \_\_\_\_\_ Assigned Gender: \_\_\_\_\_ Alias: \_\_\_\_\_

**\*\*REQUIRED: Medicaid CIN:** \_\_\_\_\_ (AB12345C) or **Child Health Plus ID:** \_\_\_\_\_

Youth Address: \_\_\_\_\_

Phone Number(s) – Mobile: \_\_\_\_\_ Alternate Phone/Email: \_\_\_\_\_

Current Living Situation:  Foster Care  Community Residence  With Parents/Legal Guardians  Other

Is family aware of this referral and willing to participate in services?  Yes  No \_\_\_\_\_

Race:  Multiracial  American Indian or Alaskan Native  Native Hawaiian or Other Pacific Islander  White

Black/African American  Hispanic or Latino/a  Asian  A Race/Ethnicity Not Listed  Decline to Specify

Primary Language: \_\_\_\_\_

Mental Health/Substance Abuse Diagnosis: \_\_\_\_\_

DSM 5/ICD-10 Code: \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ Diagnosed By: \_\_\_\_\_

Is youth actively engaged in mental health counseling?  No  Yes: \_\_\_\_\_

(Therapist Name/Agency)

Consent provided by:  Parent  Guardian  Legally Authorized Representative  Youth (18 and older)

Consenter Name (Printed) \_\_\_\_\_

Consenter Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Consenter Address: \_\_\_\_\_

Consenter Phone/Email/Preferred Method of Contact: \_\_\_\_\_

Foster Parent Name/Phone/Address if applicable: \_\_\_\_\_

Referral Source Name: \_\_\_\_\_ Title: \_\_\_\_\_

Referral Source Organization: \_\_\_\_\_

Referral Address: \_\_\_\_\_

Referral Phone Number(s): \_\_\_\_\_ Referral Email: \_\_\_\_\_

Service(s) Requested:

- In Home Counseling (Other Licensed Practitioner)  OLP Evaluation (Other Licensed Practitioner)
- Intensive Supports & Treatment (Community Psychiatric Supports & Treatment)
- Skill Building (Psychosocial Rehabilitation)

Pathways, Inc. Staff Only: Date Referral Received: \_\_\_\_\_ Date Referral Source Contacted: \_\_\_\_\_

CIN Verified in ePaces - MCO details: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Recent Suspension(s)?  No  Yes: Date \_\_\_\_\_

School Behavior/Concerns: \_\_\_\_\_

Developmental Diagnosis: \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_

Pediatrician/Doctor: \_\_\_\_\_ Provider Agency: \_\_\_\_\_

Any other services youth is currently enrolled in, referred to, or on a waitlist for: \_\_\_\_\_

Barriers to engagement in mental health services (current or historical): \_\_\_\_\_

Safety concerns in the home (animals, weapons, etc.): \_\_\_\_\_

**Symptoms of Concern: Check all that apply within the past 60 days**

- |  |   |   |  |   |
|--|---|---|--|---|
| <input type="checkbox"/> Depression                            | <input type="checkbox"/> Anxiety                            | <input type="checkbox"/> Phobia                     | <input type="checkbox"/> Danger to self              | <input type="checkbox"/> Danger to others               |
| <input type="checkbox"/> Temper tantrums                       | <input type="checkbox"/> Sleep disturbances                 | <input type="checkbox"/> Attention Deficits         | <input type="checkbox"/> Physical complaints         | <input type="checkbox"/> Stealing/theft                 |
| <input type="checkbox"/> Sexually harmful or coercive behavior | <input type="checkbox"/> Sexually inappropriate             | <input type="checkbox"/> Alcohol/Drug use           | <input type="checkbox"/> Verbally aggressive         | <input type="checkbox"/> Bullying/Victim of bullying    |
| <input type="checkbox"/> Physically aggressive                 | <input type="checkbox"/> Eating disturbances                | <input type="checkbox"/> Negative peer interactions | <input type="checkbox"/> Hyperactive/Impulsive       | <input type="checkbox"/> Adverse experiences/Trauma     |
| <input type="checkbox"/> Self-injury                           | <input type="checkbox"/> Runaway/leaving without permission | <input type="checkbox"/> Learning difficulties      | <input type="checkbox"/> Problematic social behavior | <input type="checkbox"/> Human trafficking/Exploitation |

Suicidal Ideation/Gesture: Date \_\_\_\_\_  Suicide Attempt: Date \_\_\_\_\_  Fire-Setting: Date \_\_\_\_\_

Homicidal Ideation/Gesture: Date \_\_\_\_\_  Homicide Attempt: Date \_\_\_\_\_  ER/CPEP Visit: Date \_\_\_\_\_

Inpatient Hospitalization: Date \_\_\_\_\_  Police Involvement: Date \_\_\_\_\_  Out of Home Placement: Date \_\_\_\_\_

Details and Additional Information:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Eligibility Criteria for In-Home Counseling (Other Licensed Practitioner):**

Criteria 1 or 2 must be met: The child/youth is assessed by the Non-Physician Licensed Behavioral Health Practitioner (NP-LBHP) to determine the need for treatment. The NP-LBHP develops a treatment plan for goals and activities necessary to correct or ameliorate conditions discovered during the initial assessment visits that:

1. Corrects or improve conditions that are found through an Early Periodic Screening and Diagnostic Testing (EPSDT): screening; OR
2. Addresses the prevention, diagnosis, and/or treatment of health impairments; the ability to achieve age-appropriate growth and development, and the ability to attain, maintain, or regain functional capacity.

**Eligibility Criteria for Intensive Supports & Treatment (Community Psychiatric Supports and Treatment):**

1. The child/youth has a behavioral health diagnosis that demonstrates symptoms consistent or corresponding with the DSM-5 OR the child/youth is at risk of development of a behavioral health diagnosis; AND
2. The child/youth is expected to achieve skill restoration in one of the following areas: participation in community activities and/or positive peer support networks, personal relationships, personal safety and/or self-regulation, daily living skills, symptom management, coping strategies and effective functioning in the home, school, social or work environment.
3. The child/youth is likely to benefit from and respond to the service to prevent the onset or the worsening of symptoms, AND
4. The services are recommended by the following Licensed Practitioners of the Healing Arts operating within the scope of their practice under State License (see chart below).

**Eligibility Criteria for Skill Building (Psychosocial Rehabilitation):**

1. The child/youth has a behavioral health diagnosis that demonstrates symptoms consistent or corresponding with the DSM-5; AND
2. The child/youth is likely to benefit from and respond to the service to prevent the onset or the worsening of symptoms; AND
3. The service is needed to meet rehabilitative goals by restoring, rehabilitating, and/or supporting a child/youth's functional level to facilitate integration of the child/youth as participant of their community and family; AND
4. The services are recommended by the following Licensed Practitioners of the Healing Arts operating within the scope of their practice under State License (see chart below).

All services must be recommended by one of the following Licensed Practitioners of the Healing Arts:

Licensed Master Social Worker	Licensed Psychologist	Physician
Licensed Clinical Social Worker	Physician's Assistant	Registered Professional Nurse
Licensed Mental Health Counselor	Psychiatrist	Nurse Practitioner
Licensed Creative Arts Therapist	Licensed Psychoanalyst	Licensed Marriage and Family Therapist



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Children and Family Treatment and Support Services (CFTSS)  
Medical Necessity Recommendation v1.25

In my clinical assessment \_\_\_\_\_ (name of youth) \_\_\_\_\_ (date of birth)  
meets Medical Necessity for Children and Family Treatment and Support Services (CFTSS) per information below:

**Determination of Medical Necessity – Required for all services**

- In my clinical assessment, this youth needs/would benefit from these services to *(check all that apply-at least one)*:  
 Likely to prevent onset of symptoms  Likely to prevent worsening of symptoms
- The service is needed to meet rehabilitative goals by restoring functioning level to facilitate integration of the youth as a participant of the community and family; and *(check all that apply- at least one)*:  
 Restore functioning level  Rehabilitating functional level  Facilitating participation in community, school, work, or home.

**Recommended Services needed** *(check all that apply)*:

**Other Licensed Practitioner (OLP):**  Provides individual, group and/or family therapy for a child/youth who has or may be at risk of a Mental Health or substance use diagnosis whose treatment would be better provided in nontraditional settings such as in the home, school or community OR  is in need of a full assessment for a Mental Health Diagnosis.

**Community Psychiatric Supports and Treatment (CPST):**  Maintains children/youth in their home and community by helping to improve communication and interactions with family, friends, and others through family support and training.

**Psychosocial Rehabilitation (PSR):**  helps the child/youth relearn skills to help support the child/youth in their home, school, and community. The child/youth must have a mental health or substance use diagnosis to receive this service.

**List DSM-5 or ICD-10 diagnoses (please list Mental Health Diagnosis(es) and specifier(s)):**

Diagnosis Code:	Diagnosis(es):

Behavioral/Mental Health/Substance Abuse Symptoms:


\_\_\_\_\_  
LPHA\* Signature (with credentials)      LPHA Printed Name (with credentials)      License Number      NPI Number      Date

\_\_\_\_\_  
Licensed Supervisor Signature for non-LPHA      Supervisor Printed Name      License Number      NPI Number  
or Limited Permit Holder (if applicable)

\_\_\_\_\_  
Agency / Clinic Name (if applicable, printed)      Agency NPI Number

*You can submit this form to the referrals mailbox at [referrals800@pathwaysforyou.org](mailto:referrals800@pathwaysforyou.org)  
or by mail/in person to CFTSS 33 Denison Parkway W, Corning, NY 14830*